

2016 Fact Sheet: Programs and Initiatives

Title: Program for Mental Health Assertive Community Treatment

Overview	<p>The Program for Assertive Community Treatment (PACT) is an evidence-based practice for people with the most severe and persistent mental illnesses, with active symptoms and impairments, and who have not benefited from traditional outpatient programs.</p> <p>PACT is a person-centered, recovery-oriented mental health service delivery model that has received substantial empirical support for reducing psychiatric hospitalizations, facilitating community living, and enhancing recovery.</p>
Eligibility Requirements	PACT serves people with severe and persistent mental illness who also experience significant difficulties with daily living activities. Traditional mental health services have not been adequate to address needs. This consumer group is often homeless, incarcerated, and misunderstood as resisting or avoiding treatment.
Authority	WA-PACT is authorized through budget proviso.
Budget	<p>The 2015-2017 Biennial Budget is \$20,800,000.</p> <p>From 2007 - 2010, PACT was funded by state dollars. After January 2011, PACT transitioned to a blend of state and Medicaid funding. An actuarially sound rate for PACT was developed and applied to the participating Regional Support Networks (RSNs) with monthly payment per member.</p>
Rates	Current distribution for PACT teams is 20% GFS and 80% Medicaid.
FY cost # served Cost per client	<p>PACT services are provided through the RSN Managed Care structure. Average annual cost per client is \$13,000.</p> <p>During FY 2015 WA-PACT served 963 clients.</p>
Partners	Through the WA-PACT initiative, DBHR contracts for ten PACT teams in nine Regional Support Networks: King County, North Sound, Peninsula, Thurston-Mason, Clark County, Greater Columbia, Chelan-Douglas, Optum/Pierce and Spokane County.
Oversight	Quality oversight is accomplished through annual fidelity reviews, conducted by the Washington Institute for Mental Health Research and Training. Contracts with RSNs specify that DBHR purchases teams that are operating with fidelity to the evidence-based model.

Information Contact

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